

■ CORREDOR MATÓ ■

REAL ESTATE & PROPERTY MANAGEMENT
IMMOBILIÀRIA & ADMINISTRACIÓ DE FINQUES



Useful Information

TELEPHONES · RESTAURANTS · SPOTS

USEFUL INFORMATION
Emergency Telephone Numbers

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Llafranc

Welcome to Costa Brava

We would like to welcome you to the beautiful destination of Tamariu, Costa Brava.

We hope you find the information in this folder useful. If you need any help, assistance or advice during your stay, please do not hesitate to call us on:

Corredor Mató:
+34 972 62 00 16

USEFUL CONTACT NUMBERS

Corredor Mató – Tamariu

Office Emergency telephone: (0034) 972 620 016
Office telephone number: (0034) 972 620 016
Address: Carrer Riera 6, 17212 Tamariu, Girona, Spain
Office Opening Hours:

- 10am to 2pm – 3pm till 6pm Monday to Thursday
- 10am to 1pm – 4pm till 8pm Friday and Saturday

Emergencies

Catalonia emergency central: 112

Police

Emergency number: +34 091
Municipal Police: +34 972 306 292.
Emergency number: +34 085
Mossos: +34 972 643 130 or +34 088 643 130
The nearest Police station is located in Palafrugell.
The address: Av. De Garcia Lorca, 31, Palafrugell, Girona
Email: policialocal@palafrugell.cat

Fire Service

Phone: +34 972 300 540 or +34 085 300 540

Address: Carretera –31 Palafrugell – Pals, Palafrugell-
MEDICAL

Ambulance

Emergency ambulance: +34 061

Hospital at Palamós

Telephone: +34 972 600 160
Emergency Service: +34 972 600 620 or the number 112
Address: Carrer Hospital, 36, 17230, Palamós, Girona
Opening Hours: 24 hours

Medical Center

For standard medical consultations there are a few medical centres in Palafrugell, which provide reliable services!

Centre d'Atenció Primària Dr. Josep Alsina i Bofill

Telephone: +34 972 610 607
Address: Carrer d'Àngel Guimerà, 6, 17200 Palafrugell
Opening hours: Monday to Friday from 8am to 8pm

Centre Mèdic Palafrugell

Telephone: +34 972 306 565
Address: Plaça de Catalunya, 5, 17200 Palafrugell
Opening hours: Monday to Friday from 8am to 8pm

Pharmacy

Palafrugell has plenty – watch out for blinking green cross, it means it is open. In Llafranch and Calella de Palafrugell you can find Pharmacy.



DENTIST

Gaset Lacasa Clinica Dental Palafrugell

Telephone: +34 972 303 754 or +34 972 302 916

Address: Carrer de Sant Sebastia, 11

Empordà Odontòlegs – Dentista Palafrugell

Telephone: +34 872 20 27 77

Address: Carrer Hortal d'en Pou, 54

Clínica Dental Implantdent Palafrugell

Telephone: +34 972 30 83 62

Address: Carrer Camí Fondo, 2

Clínica Dental Implantdent Palafrugell

Telephone: +34 972 30 83 62

Address: Carrer Camí Fondo, 2

HAIRDRESSER

Perruqueria PeinArte

Address: Carrer de Torroella, 3. bxs

Telephone: (0034) 972 30 20 24

Perruqueria Cebado

Address: Carrer de Sant Sebastià, 66

Telephone: (0034) 872 02 32 31

BEAUTY CENTER & MASSAGE

Natur Estetic Palafrugell

Address : Av. de Pompeu Fabra, 37

Telephone : (0034) 972 30 66 56

Estètica Verònica Durant

Address: Carrer de Picasso, 57, baixos

Telephone: (0034) 972 19 93 27

GYM

La Nau Gym Centre

Address: Carrer de Manufactures del Suro, 97

Telephone: (0034) 972 30 32 86



Àrea d'Esports de Palafrugell

Address: Carrer d'Àngel Guimerà, 20, 17200 Palafrugell,

Girona Telephone: (0034) 972 30 44 94

CONSULATES

British Consulate

In Barcelona. Has jurisdiction over the Autonomous Regions of Catalonia, Aragon and the Principality of Andorra.

Telephone: (0034) 933 666 200

Address: British Consulate-General, Avenida Diagonal 477, 13, 08036, Barcelona

Emergency after hours duty officer Tel:

(0034) 606 987 626

Public opening hours:

- Winter time from 9:30am to 2pm
- Summer time from 8:30am to 1:30pm

US/ American Citizens

The US Consulate General in Barcelona has jurisdiction over the Catalonia provinces as well as Aragon and the Balearic Islands.

Telephone: (0034) 932 802 227

Address: US Consulate General, Pg Elisenda Montcada 23, 08034, Barcelona

Australian Citizens

There are Honorary Consuls in Barcelona and Seville. The services provided in the Consular offices include the handling of visa enquires, replacement of lost, stolen or damaged passports and providing general support for Australians in Spain.

Telephone: (0034) 934 909 013

Address: Australian Consulate Barcelona, Plaza Gala Placidia, 1-3, 1st floor, 08006, Barcelona.

GENERAL CONTACT NUMBERS

Tourist information

Telephone: (0034) 972 620 193 r (0034) 972 300 228

Adress: C/ Riera s/n, 17212 Tamariu (Open only in summer) Avinguda de la Generalitat, 33, 17200 Palafrugell

Barcelona Airport

Telephone: (0034) 902 404 704
Email: bcninfofi@aena.es
Lost and found luggage telephone number:
(0034) 932 983 349
Complaints: servicios_aeroportuarios@aena.es

Girona Airport

Telephone number concerning flight details:
(0034) 972 186 606
Telephone number concerning information:
(0034) 972 186 708
Email: gironainfo@aena.es
Customer service Line [Spanish and English] telephone
number: (0034) 972 186 708.
It is only in operation from 08:00 to 20:00 everyday of
the week.
Telephone 24 hours for information about Girona air-
port: (0034) 972 186 600

Flaçà Railway Station

Telephone: (0034) 902 320 320
Address: Plaza Estacion del Carrilet s/n, 17463 Flaça,
Flaçà, Girona

Palafrugell Bus station

Telephone number: (0034) 972 610 006
Adress: Carrer de Lluís Companys, 2, 17200, Palafrugell,
Girona

BANK CASH MACHINE

Banc Sabadell

Telephone: (0034) 902 323 000
Address: Cavallers, 1, Palafrugell, 17200, Girona, Spain

Deutsche Bank

Telephone: (0034) 972 300 650
Address: Carrer dels Valls, 30, (17200) Palafrugell





RESTAURANTS GASTRONOMIE

There are so many great restaurants around. Below is our list!



TAMARIU

Rodondo: great Fideuà and seafood (the Catalan equivalent of Paella)

Es Dofi: great seafood – very simple but authentic, open during winter; a nice option for a lunch at the beach; they do not accept reservations, so be there in time (before 1 pm)

El Clot dels Mussols : restaurant with a magnificent terrace overlooking the sea with a varied Mediterranean –style menu.

LLAFRANC

Far Nomo: Near the lighthouse Far de San Sebastian. Very trendy and popular Japanese kitchen with Catalan influence; open through the entire year; you need to book in advance, in particular during summer – the restaurant is fully booked during the weekends. Make sure that you get a

table outside, if the weather allows it fantastic view over the entire bay of Llafranc and Calella. You can also just go there for a cocktail!

El Far: El Far Restaurant is great value for money and offers traditional Mediterranean fare based on fresh products sourced directly from the Costa Brava. Its excellent rice-based dishes, fish and seafood from Palamós are especially worthy of mention, as are the locally produced meats and vegetables.

Jani: Trendy little, stylish restaurant at the promenade of Llafranc. Catalan cuisine, tapas etc.

Casamar: One star Micheline restaurant, great experience on innovative Catalan cuisine. Reasonable pricing against other



restaurants at this level. Usually tables can be booked shorthand (other than e.g. Can Roca in Girona, where you have to book a year in advance). Open during winter season (not on all days though)

La Llagosta: Located in the promenade of Llafranc. You will be able to enjoy a varied menu of starters, meats, fish, rice dishes and specialties or dishes of the day that are closely linked to the cuisine of our region.

CALELLA DE PALAFRUGELL

Fiego: Great experience direct at the beach. Please book well in advance! They are super-popular. Try the amazing Fideuà!

Tragamar: This is a very trendy place, which just got recently newly decorated

and is so nice to look at. Food is also very good with "upper-level" tapas style, really good seafood and wines and deserts. The restaurant belongs to the Tragaluz restaurant group, which owns also a number of restaurants in Barcelona. All of their places are very stylish and always a very good recommendation.

PALAFRUGELL

Restaurant les Palmeres: A very solid option for a local backyard lunch after a morning of shopping in Palafrugell. Lunchtime menu comes at very low prices for great quality and there is a playground for children while waiting for the food.

L'Arc: Nice alternative for lunch, a bit hidden behind the markets from the crowds in the centre of Palafrugell.



BEGUR

El Convent de Begur: Enjoy this old monastery place in a small valley with great meat dishes and a calm environment around you. You can combine it with checking out the bays of Sa Tuna and Sa Riera which are very beautiful.

Sa Tuna Begur: Located in the Promenade of Sa Tuna Beach. Mediterranean cuisine, a wide variety of tapas and the best paella with ingredients of our sea and our land, great variety of fish and sea food which comes on a daily from the nearest market.

Toc Al Mar Aiguablava: Great experience in Aigua Blava Beach. The place is very trendy, beautifully decorated with a huge terrace to sit outside right at the beach of Aiguablava. Please book in advance!

GIRONA

El Cellar de Can Roca: The restaurant has been awarded a number of times as the best restaurant of the world. You have to book a year in advance.





TOP 5 PLACES TO VISIT!

PALS

Pals is a medieval town in Catalonia on a hill surrounded by plains. It lies a few kilometres from the sea. It contains a Romanesque tower built between the 11th and 13th Centuries, known as the Torre de les Hores (Tower of the Hours). The town is enclosed by a town wall that contains four square towers which date from the 4th Century. It has several shops, and restaurants and is a great place to visit.

BEGUR

Begur is located in the heart of the Catalan region Baix Empordà. Begur offers amazing views of the impressive hills of Begur Massif, as well as the Coastline up to Cadaques. The town itself is haunted in history and there are still numerous monuments left as legacies. It offers fantastic restaurants to visit and is great to explore in early evening.

GIRONA

Girona is one of the major Catalan cities. It's an interesting city as it offers visitors to trace more than 2,000 years of its history through two fortified enclosures, the Força Vella and the Medieval Quarter contains an ancient cathedral. The city was enclosed with walls; this was carried out during the 14th and 15th Century. The city's artistic heritage has been preserved in the numerous monuments that still stand today, as well as the impressive old Jewish Quarter with its beautiful streets and porticoed squares. Girona is a wonderful place to visit.

PÚBOL

Salvador Dalí and Gala, his wife, lived in

the medieval castle of Púbol during the seventies and early eighties. Since 1996, you can visit this spot, where you can see different works that the artist gave to Gala as well as dresses, sculptures and different types of objects of great creativity.

RUINS OF EMPÚRIES

Located in an incomparable setting, next to L'Escalà, you can visit the ruins of the Old Greek and Roman city of Empúries. Founded around 500 BC, this was the front door of these two important cultures in our peninsula.



**Ruins of Empúries,
L'Escalà**

SUPERMARKETS

Tamariu, Palafrugell,
Begur



TAMARIU

Spar: Tamariu has two small Spar markets, which you can't miss in the village center. Good enough for some missing things in the kitchen and some fresh orange juice and bread in the morning.

PALAFRUGELL

Veritas: located on Avinguda Josep Verges i Mata 28 is open from Monday to Saturday from 09:00 to 21:30 and on Sundays from 09:00 to 14:30. The place indicated by lovers of organic food.

Carrefour: located on Avinguda del Mar 1 with opening hours from 08:30 to 21:00 from Monday to Sunday. Supermarkets offering a wide range of food products.

Esclat: is located on Avinguda de la Costa Brava, s / n which is open from Monday to Saturday from 09:00 to 21:00 there is a hypermarket where in addition to all kinds of fresh products you can find other sections such as a bazaar.

Mercadona: on Avenida de España, 236, a supermarket where you will find all kinds of food, personal care, household and animal products.

LIDL: located in Plaça Europa, Avinguda de Josep Vergés i Mata, S / N a supermarket that offers a wide variety of products while making specific offers on topics: cooking, gardening, etc

ALDI: At Avinguda d'Espanya 141, it has all kinds of food products and at the same time offers a bazaar with a variety of offers on different topics.

BEGUR

Jodofi: Address: Carretera Esclanyà, 2 Contains a good butchery, cheese and wine selection.



MARKETS & SHOPPING

Shops, Bars, Fish Markets,
Shopping galleries and
much more!

PALAFRUGELL

The town city centre has a wonderful market, which is opened 6 days a week (closed Mondays). Fresh fruits and vegetables can be purchased at the market stands on the streets. Inside the market halls you will find all sorts of cheese, fish and meats of exceptional quality and with the regional specialities. It comes with a price but well spent.

Close your shopping with a coffee or a first beer on the Plaça Nova or in the market hall where you can enjoy the market-atmosphere and its people.

Palafrugell has got some nice shops around Plaça Nova, which keep you busy for a couple of hours – nice Spanish shopping experience. Shops close at 1 pm and then open again at 5 pm – 8 pm.

BEGUR

Much smaller than Palafrugell, but also

very nice to stroll through. A handful of nice shops, bars and restaurants.

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CALELLA DE PALAFRUGELL

Calella is famous for its beautiful location at the sea – you'll find it on every postcard of the Costa Brava – a must see.

LLAFRANC

Llafranc is a bit smaller than Calella but nicely located in a bay including a small marina. The sandy beach allows a shallow access to the water which is maybe more convenient for smaller children.

PALS

Local traditions and gastronomy have been cherished up to today, which makes a trip to this village really special.

GOLF & TENNIS

The best golf courses in Catalonia are found on the Costa Brava

GOLF

PLATJA DE PALS

Telephone: (0034) 972 667 739
www.golfplatjadepals.com

The first golf course on the Costa Brava is considered one of the best golf courses in Spain, thanks to the care in the design and construction, and which has hosted numerous international competitions.

EMPORDÀ GOLF

Telephone: (0034) 972 760 450
www.empordagolf.com

The Camp d'Empordà Golf consists of 36 holes that can be combined in 6 courses of 18 holes Links and Forest. Designed by Robert Von Hagge, it has hosted various PGA tests for over 10 years.

GOLF D'ARO: Telephone : (0034) 972 826 900 Website : www.golfdaro.com
Description: Very interesting course with fantastic views. Par 72

GOLF SANTA CRISTINA D'ARO

Telephone: (0034) 972 837 333
www.golfsantacristinadaro.com
Description: Santa Cristina d' Aró is the village at the Costa Brava with most golf courses on its terrain. There are 45 holes.

PGA GOLF DE CATALUNYA

Phone: (0034) 972 472 249
www.pgacatalunya.com
An imposing and spectacular course located among the ten best golf courses in Europe and which has achieved the 88th position internationally, the third position in continental Europe and the first position in Spain.

GOLF TORREMIRONA

Telephone: (0034) 972 553 737
www.golftorremirona.com
7 km from the emblematic city of Figueres, you will find this magnificent championship course "18 hole "par 72" that marvels the most demanding golfers.



GOLF PERELADA

Telephone: (0034) 972 538 287
www.golfperalada.com
Description: Nestled between the Pyrenees and the Costa Brava, caressed by a Mediterranean climate and blending seamlessly into the stunning nature of the Empordà (source of inspiration for great masters like Dalí).

TENNIS

CLUB TENNIS LLAFRANC

Phone: (0034) 972302308
www.tenisllafranc.cat
Description: Located in the center of the Costa Brava, we offer you our magnificent facilities to enjoy the racket sports in this incomparable environment.

CLUB TENNIS PALA FRUGELL

Phone: (0034) 872 00 62 23
Address: Avda. Espanya 192-195, Palafrugell

Modern facilities consisting of 3 tennis courts and 2 paddle tennis courts

CLUB TENNIS COSTA BRAVA MONT-RAS

Phone: (0034) 972308172
www.clubtenniscostabrava.com
Description: The Club Tennis Costa Brava offers you 6 tennis courts, 7 paddle courts, swimming pool and a leisure area, in the heart of the Costa Brava, in Mont-ras, Catalonia.



ENJOY YOUR
HOLIDAYS!

www.corredormato.com